

# METAMORPHOSING FEMALE 'TRANSITION'TRANSFIGURATION'

10 JUNE-23 JULY 2011

BECK & EGGELING

INTERNATIONAL FINE ART

DÜSSELDORF, GERMANY

METAMORPHOSING FEMALE 'ROOTS EMERGE UPWARDS'

22 DECEMBER 2011-30 JANUARY 2012
PALETTE ART GALLERY
NEW DELHI, INDIA

## **SONIA MEHRA CHAWLA**

# METAMORPHOSING FEMALE

'ROOTS EMERGE UPWARDS'



### Born of Watery Realms and Fusing Cells; a few thoughts on the transformative experience of the biological imperative

Sonia Mehra Chawla quotes Jaishankar:

As if from a lake
I surface for air,
mirrors and ripples embracing me
through layers of sleep.
I greet the chilly dawn,
newly-born each morning,
cracking through the fragile eggshell air.

Botticelli's Venus is brought to mind, born from the lake, her nakedness partially concealed behind long golden hair, looking back at the viewer as we gaze upon her alabaster form of which we are afforded an endless glimpse as angels blow away the drape that another woman is rushing forward with which to cover Venus' modesty. How different is the woman in Sonia's Metamorphosing Female: *PURGE*, to which these lines refer. Sonia's women also emerge from water, they too are 'newly-born' and they too are self-aware, of their newness, their femininity and the condition of being observed. Yet her women are inward looking, their eyes shut and focused on their own being not 'their-being-as-that-which-is formed-only-in relation-to-the-others-gaze'. Thus they are beings in the universe, i.e. like everything else, formed by a multiplicity of single cells not because they are observed, brought to sight.

The graphic patterns on the canvas are inspired by and taken from 18th and 19th century microphotographs, documents and diagrammatic representations of single-celled organisms that occur in the ocean. These cross-sections seem highly complex and ornamental for such base creatures. Sonia has selected fragments from this world to reveal evolutionary mechanics and represent the upward growth of species where single celled creatures are the bottom-most and human beings at the top. And it is these types of cells that are the basis of all life, wherever they may lie on the evolutionary scale.

The process of compounded growth is central to Sonia's work as she delves

for inspiration into the extremely personal and transformative experience of becoming a mother. The group of works share the title Some Roots Grow Upwards with the painting of the name of a young woman tending to her terrace garden while a fetus grows peacefully in a fleshy placenta like flower. It urges the audience to believe that while the woman in peacefully tending to her plants she is being 'fertile' in both senses of the word and as she nurtures and nourishes the plant so also she does the child to be. The flower, here the pseudo-womb is very Georgia O'Keefe and makes a correlation between the beauty and productivity in plants and humans.

If we are to consider 'roots' and thus the deleuzian structure of interconnectedness as being organic and 'un-grid-like' with a central point from which spring almost uncharted paths, then in Sonia's work this would be the woman-mother-nurturer. This is articulated as such in the video installation Becoming Light. A multiplicity of women at various stages in their life – youth, maternal, middle age – have selected verses from Nandita Jaishankar's poetry to reflect and thereby transmit their essential thoughts and experiences. The woman is at the centre of love and lifecycles, growth and decay. There are also a set of small works based on the video that reinforce the feminine position.

Julia Kristeva has written that with the beginning of motherhood, which begins when a woman gets pregnant, she becomes passionate about herself. This passion for self manifests in an inward 'looking' that is a turning away from the outside stimulants of man-lover-world towards the growing fetus-baby-child. She also uses the phrase 'mystery of gestation' not as a theoretical turn but really to describe how, despite the sciences desire to know the biophysical process of birth, it remains in some part in the realm of the unknowable.

Motherhood is in some ways outside of the woman's control, she may have decided how and when and with whom to conceive but beyond that she is not the absolute master of her journey. Kristeva locates the discourse of motherhood within the discourse on the crisis of identity. Motherhood is characterized by instability, it happens to the organism not the subject (that is the 'self-aware thinking person'): it happens but I'm not there. Neither parturition nor birth are final, they are the beginnings of something other than themselves – the onset of maternity for the mother and the beginning of life for the child. With maternity is the loss of autonomy. The journey is one that begin with extreme narcissism conditioned by the pure physicality of pregnancy and transforms to extreme 'sacrifice' (the child becomes the supreme being for the mother). And thus it may be something both desired and despised (this latter experience is almost always hidden, unspoken, unacceptable).

It is this latter unspoken, almost unimaginable (I speak from first hand experience of being a recent mother as well) that allows me to view the Transient Hyper bloom series as quite complicated, the petals, algae, coral patterning evokes ideas of decay in its application on the facial skin. One or two in particular

with their scaled faces surrounded by serpentine strands of hair remind me of Medusa. The myth of Medusa has her born of the ancient marine deities, siblings Porcys and Ceto. She was envisaged as beautiful and terrifying, Ovid described her as once a ravishingly beautiful woman who incurred the wrath of Athena when she lay in her temple with Poseidon, god of the sea and in punishment the goddess turned her hair into serpents and her face so terrible that onlookers were converted to stone. The water theme abides as does the transformative experience brought on by 'lying with a man': the terrible curse of feminine beauty, bodily desire and lusty copulation.

#### Epilogue

Becoming Light is Sonia's video and sound installation. In its wordy monologues, austere costumes and movements, dramatic lighting, pregnant silences and meaningful gazes it seems to me a cross between Greek tragedy (sans the Woody Allen'esque shrieking), Rembrandt's paintings, any number of instances from the extensive visual tradition, especially European, of women as muse and the visual gestures and evocative translations of mime. It is choppy and disturbing, because in that immersive space surrounded by the three screens, multiple audios and populated by the histories, memories, stories, vulnerabilities and desires of so many unknown women the viewer becomes the one watched and observed. It forces you to confront your own anxieties but robs you of the language with which to articulate a personal narrative because the words attack you, enter you and take over your own voice. What does it feel like, to have no voice? Can you hear your thoughts amidst the cacophony? What does it feel like to be a vessel, a channel? What does it feel like to experience uncontrollable change? What does it feel like to be consistently human?

## Deeksha Nath

March 2011

Jaishankar, N. Broken. Pyrta: A Journal of Poetry and Things, 2010

Sandro Botticelli. Birth of Venus c. 1486. Uffizi, Florence Jaishankar, N. The Memory Bird (Shadowline, 2009)

"Affliction" in Writing Love (Rupa & Co, 2010)

"An Ode to Georgia O'Keefe" in Pyrta: A Journal of Poetry and

Things (2010).

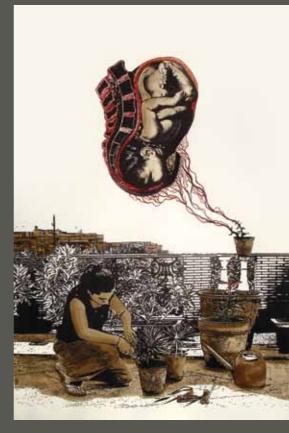
Kristeva, J. Motherhood Today http://www.kristeva.fr/motherhood.html

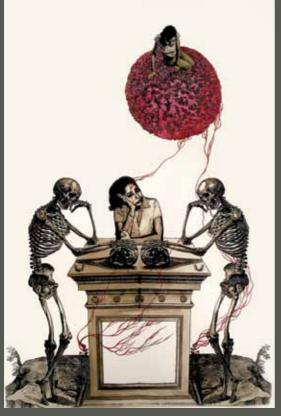
Kristeva, "Motherhood According to Giovanni Bellini" in Desire in Language, Oxford, 1982:237

Robbins, R. Literary Feminisms. New York, 2000: 138

Ovid, Metamorphoses c. 8 AD

I refer here to Mighty Aphrodite (2005), written and directed by Woody Allen, a comedy of a relationship between a man and the porn-star birth mother of his adopted son. It is inspired by Pygmalion.





We see that life composed of this body, Is in a state of constant transformation and flux. There is always the possibility of radical change. Every moment- not just potentially or figuratively, but literally-every moment we are being reborn, We and all of life.

As if from a lake
I surface for air,
mirrors and ripples embracing me
through layers of sleep.
I greet the chilly dawn,
newly-born each morning,
cracking through the fragile eggshell air.

Excerpts from writings by Sharon Salzberg and Nandita Jaishankar



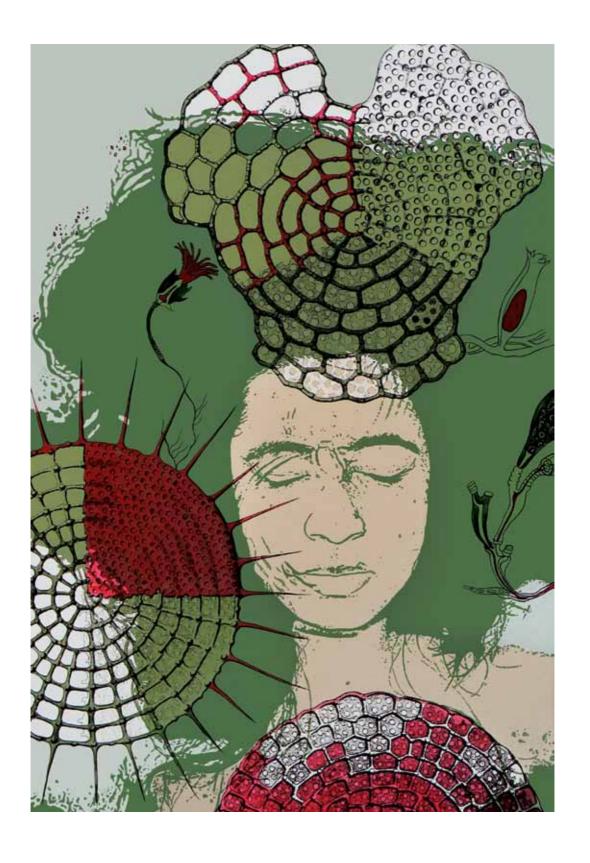


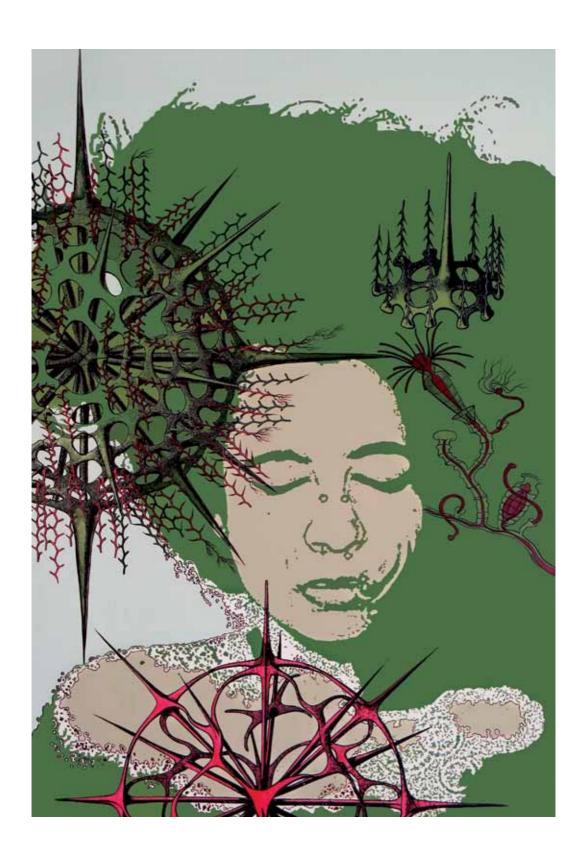


















EMERGE I & II ACRYLIC AND INKS ON ARCHIVAL CANVAS CIRCULAR CANVASES OF DIAMETER 24 INCHES EACH, 2011

The Metamorphosing female: New Awakening III  $\blacktriangleright$  Acrylic and Inks on Archival Canvas 60 x 72 x 3 inches, 2011







EMERGE II ACRYLIC AND INKS ON ARCHIVAL CANVAS CIRCULAR CANVAS OF DIAMETER 24 INCHES, 2011

 $\blacktriangleleft$  The Metamorphosing female: New Awakening III detail





THE METAMORPHOSING FEMALE: NEW AWAKENING IV ACRYLIC AND INKS ON ARCHIVAL CANVAS 60 X 72 X 3 INCHES, 2011

#### TRANSITION, TRANSMUTATION AND TRANSFIGURATION

The suite of archival prints 'Transient Hyper Bloom' (I-IV), and the multiple channel video Hyper Bloom (Transitions), are a meditation on the passage of nature's cycle and the temporal flow of birth and regeneration. Microscopic and macro details of delicate networks of organic forms, flowers and foliage in their peak of bloom have been magnified in scale or bifurcated to produce images that challenge preconceived notions of perception and confront the viewer. Evolution through dynamic growth, transmutation, and metamorphosis is fundamental to the imagery. The work reveals a living vitalism depicted through the chaotic excess of layered imagery, multiplicity and complexity through patterning within the organic profusion, tracing a dynamic growth of form and pattern from homogeneity to heterogeneity.

The images are at once generative and sensuous, opulent and overwhelming, carrying within them the vitality of life, and the vulnerabilities of desire and decay. The imagery plays with the idea of layers within the cyclical layers of life, forms within forms, and worlds within worlds.

One day I drew a leaf of a fern, filling up a piece of paper.

As I did so the level of humidity in the quiet picture began to rise.

I could hear the sounds made by the other organisms far away.

Inside a concrete box, I repeatedly wander into the undergrowth and lose my way or arrive at the edge of a lake

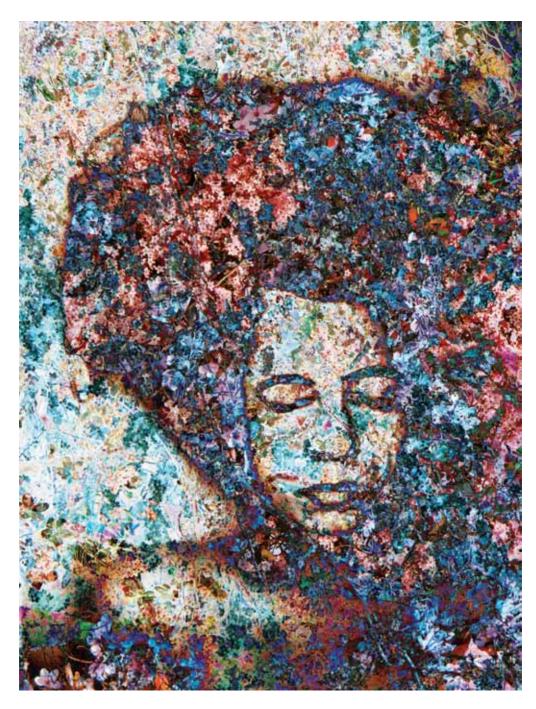
I feel a little uneasy but excited, as if I were packing my bags and wondering where I could go...

Every flower bud is destined to be sensitive to the subtle transitions of the seasons. burgeoning, blooming, ripening and withering. When attracted by an exotic flower, I confront it directly. Every encounter with a flower is A particular occasion never to recur In ones lifetime. Each flower arrangement is Unique and belongs only to the moment... By arranging flowers, I bring them to life. How do I bring them to life? I find the unique subtle "breathing" of each flower.

Writings by Kyoko Murase and Excerpts from 'A Flower Is Mystic Mountain - Works of Nakagawa Yukio'

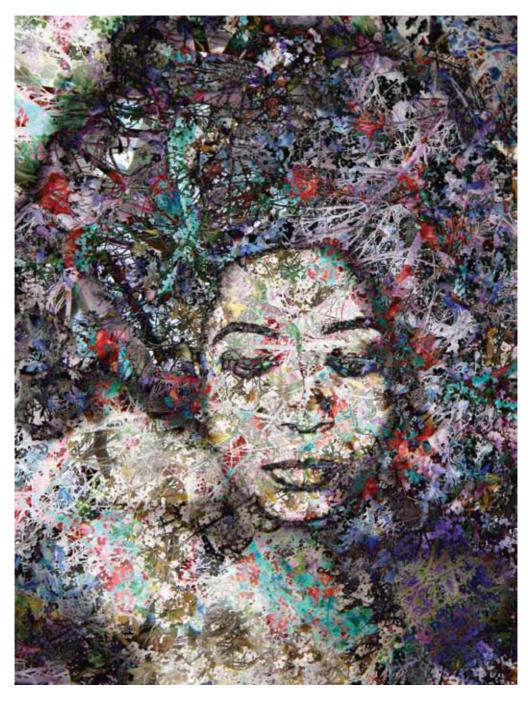






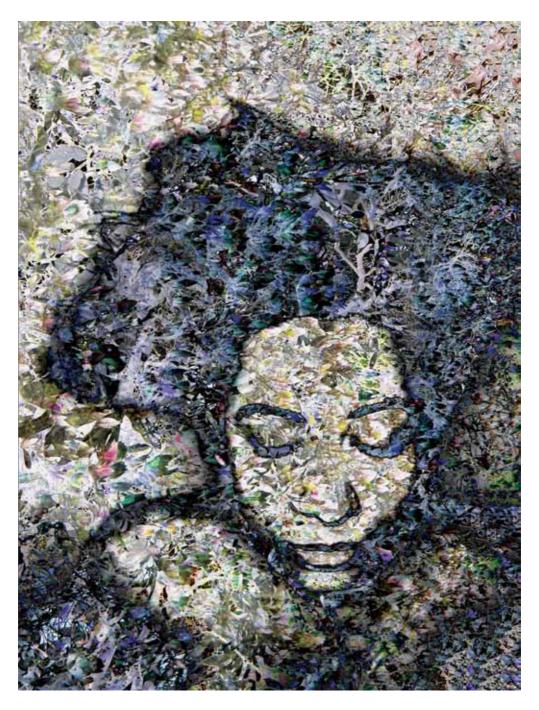
TRANSIENT HYPER BLOOM I ARCHIVAL PRINT ON HAHNEMUHLE FINE ART PAPER (MUSEUM ETCHING) 36 INCHES X 48 INCHES, 2011 EDITION OF 3





TRANSIENT HYPER BLOOM II ARCHIVAL PRINT ON HAHNEMUHLE FINE ART PAPER (MUSEUM ETCHING) 36 INCHES X 48 INCHES, 2011 EDITION OF 3





TRANSIENT HYPER BLOOM III
ARCHIVAL PRINT ON HAHNEMUHLE FINE ART PAPER
(MUSEUM ETCHING)
36 INCHES X 48 INCHES, 2011
EDITION OF 3





TRANSIENT HYPER BLOOM IV ARCHIVAL PRINT ON HAHNEMUHLE FINE ART PAPER (MUSEUM ETCHING) 36 INCHES X 48 INCHES, 2011 EDITION OF 3

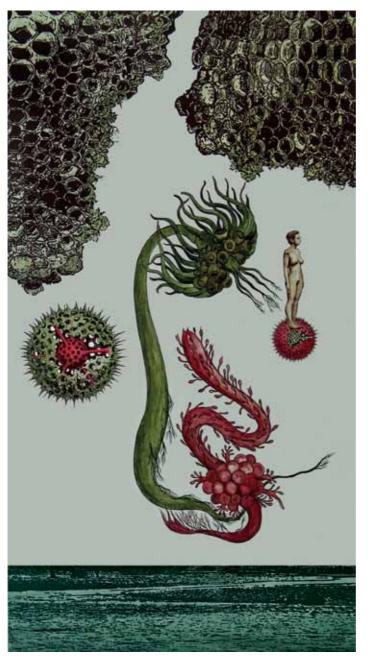
The air shimmers over choppy seas; a dragonfly in flight with jade-coloured wings dives where the water parts, revealing the tautness of pebbles, smoothened over years.

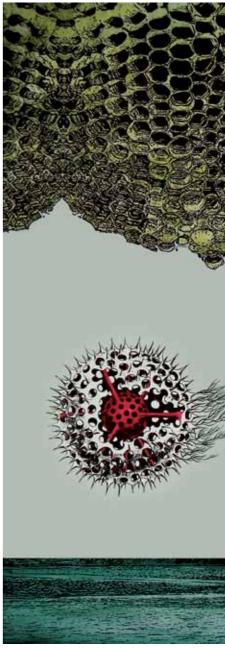
A fury of foam, swept from the ocean's bed in a swirl of sand, dashes against the beach succumbing to the beauty and storm A magenta moon surfaces, swelling across the ocean's skin, slowly at first and then faster in the grip of the evening's greedy fingers. The water calls out, tantalizing with a rhythmic hush, a gentle kiss lapping the arch of my foot. Champagne coloured light spills in shafts... as treasures tumble from the sea; glinting scales, claws and barnacles, minnows writhing in flashes of silver. gills gasping in the salty air.

A lone figure dashes into the waves, and a filigree of salt spray dances against the rocks where crab's scuttle, absorbing the last of the day's golden delight.

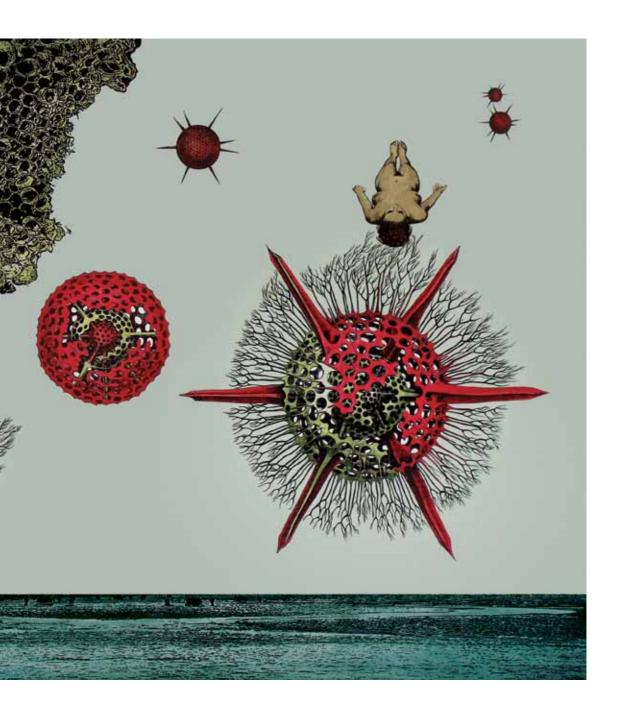
You play like a child in crashing waves, emerging on the shore like a rough hewn pearl.







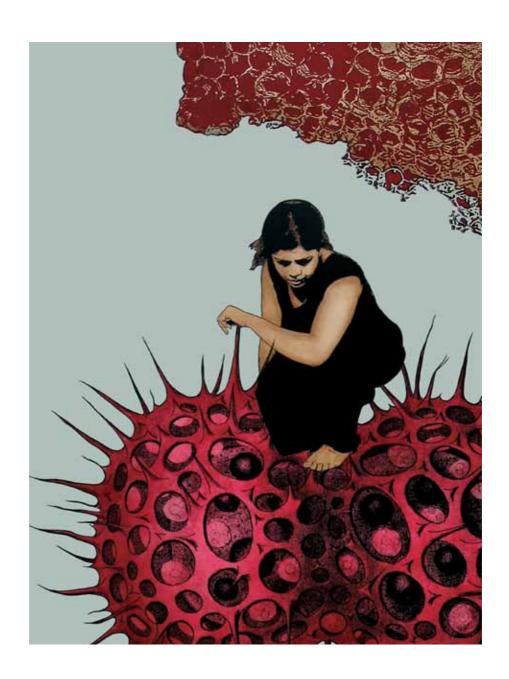
The SEA WITHIN (BIRTH) (DIPTYCH) ACRYLIC AND INKS ON ARCHIVAL CANVAS 120 INCHES X 66 INCHES X3 INCHES, 2011

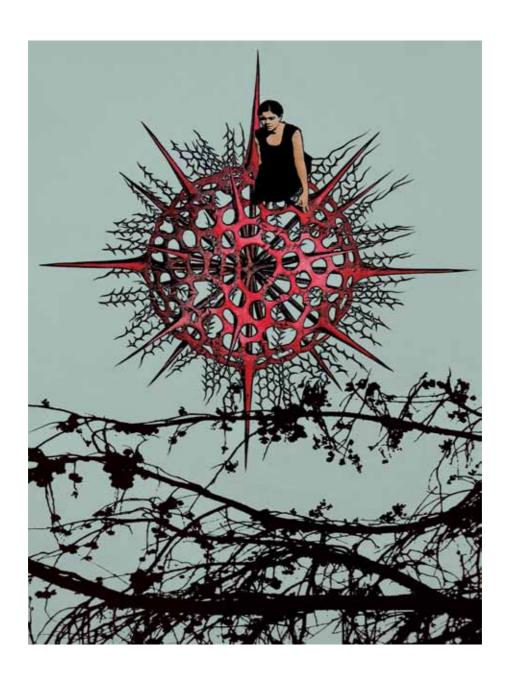


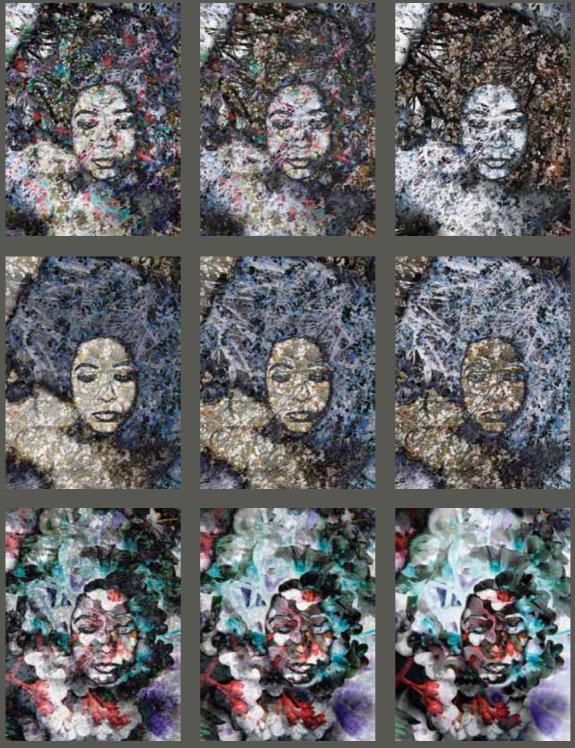




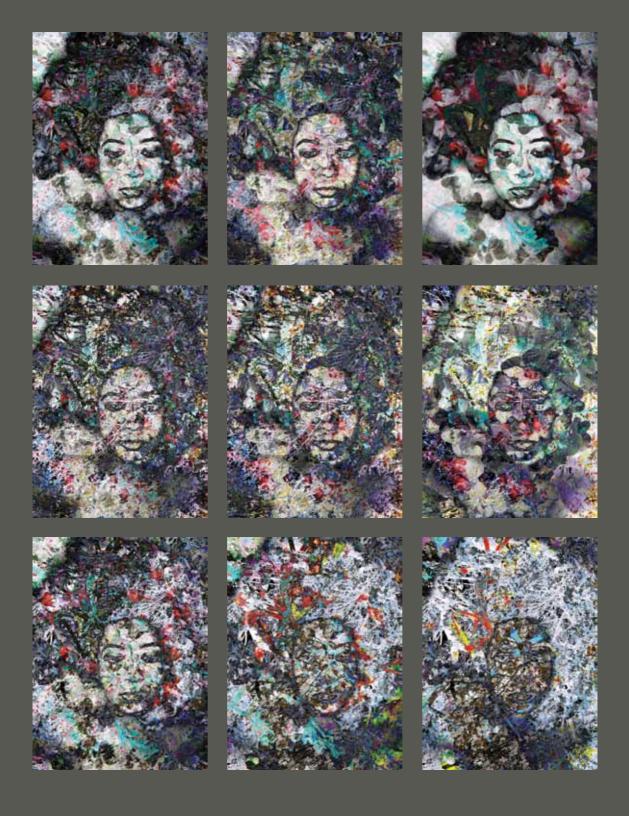
The SEA WITHIN II ACRYLIC AND INKS ON ARCHIVAL CANVAS 60 X 72 INCHES X3 INCHES, 2011



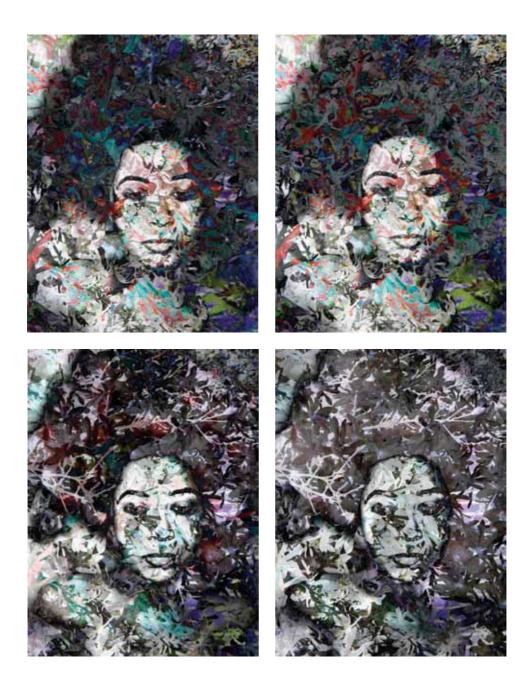




HYPER BLOOM (TRANSITIONS) MULTIPLE CHANNEL VIDEO & SINGLE CHANNEL VIDEO PROJECTION (LOOPED) HIGH DEFINITION, EDITION OF 3





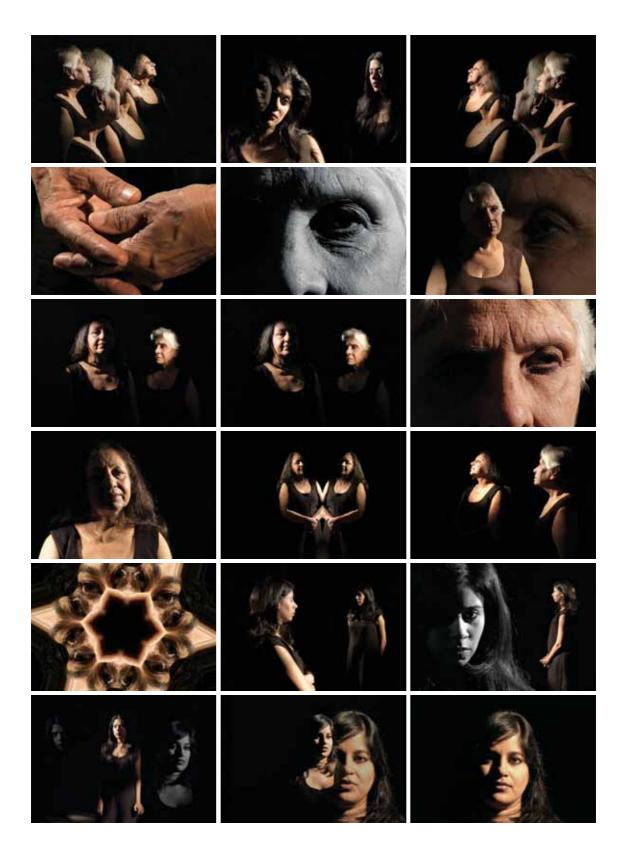


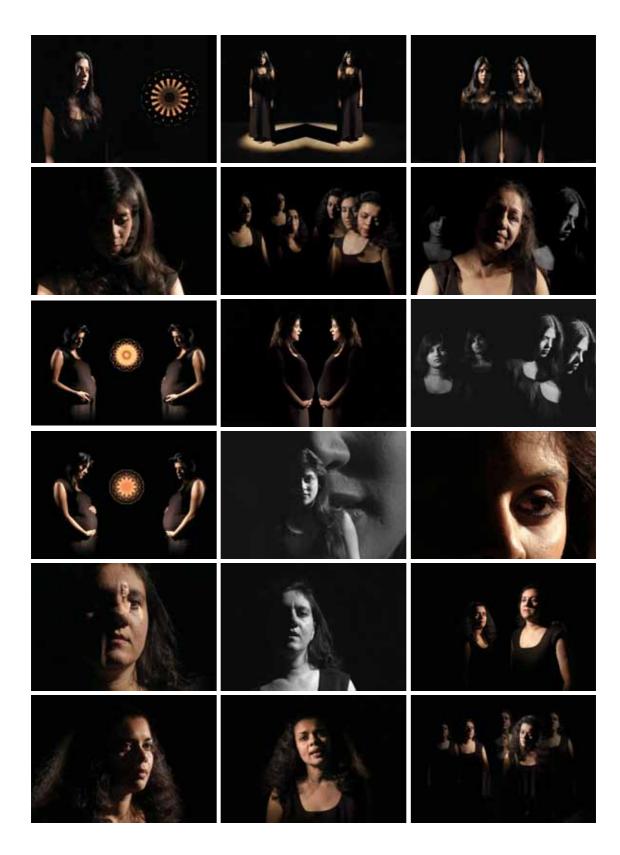
The multi-screen video and sound installation BECOMING LIGHT is a meditation on love, loss and unfinished journeys. It enmeshes manifold experiences through verses of poetry which are presented as a montage of moving images oscillating between three screens. Viewers enter an immersive environment in which they are compelled to make their own experiential journeys, both physically and psychologically. The video is a radical investigation of the body as a place of memory and transformation where the artists' concern addresses both the physical and spiritual, inner and outer, cerebral and sexual, articulating the fragile balance that exists between life and death.

'Becoming Light' includes excerpts from Nandita Jaishankar's book of poems, Memory Bird, which are recited by the actors. Themes of repetition, loss, love and memory are recurring subjects in the video. The video sequence portrays the female form as it gradually coalesces from the darkness and progresses from obscurity to light. As the sequences unfold, the vocals multiply and expand in the gallery space, with the poet's actual physical voice often becoming the central medium. Drawing on the powerful, immersive properties of sound, the work engages with the notion of elocution as a physical and sculptural experience. Looking at the central themes of death and life, the work suggest an ongoing cycle of mortality and rebirth with the forms of the actors simultaneously growing and shrinking, rising and falling, emerging from and dissolving into one another and into the very matrix of their origin. By superimposing or layering different representations of the same subject, the work makes visible not only the constructed nature of images but also the potential to change them. It also points out the mutual influence and interpenetration of image and reality, to reveal what lies under the skin

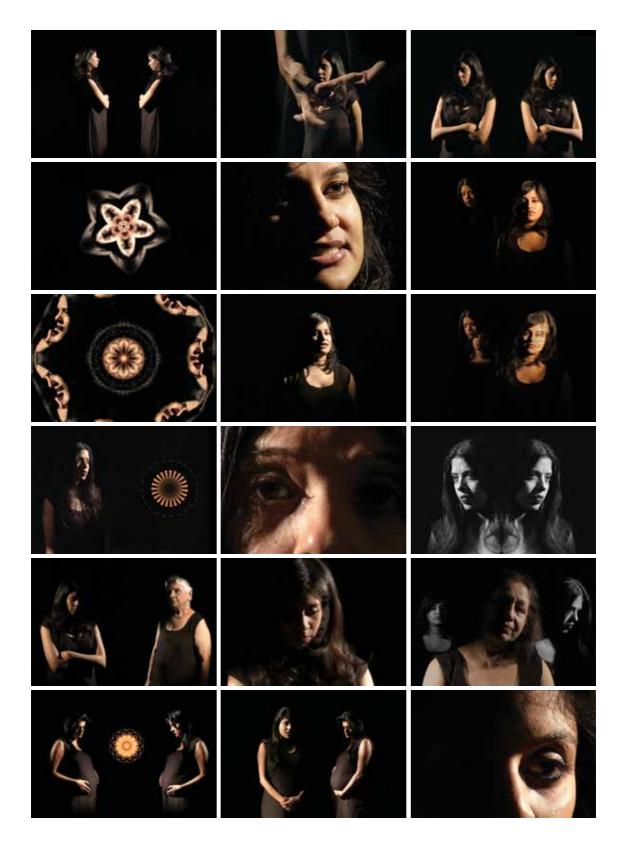
The female form has an uncompromising centrality in the series of works. The woman's body is both a terrain of celebration, and a site of debate. She is imbibed with an inherent endurance and resistance; she is a woman with self assertive sexuality yet possessing a great gentleness. In the work, the female body transforms from a youthful exuberance to a middle aged portrayal. Wrinkled and vulnerable, her maternity binds her to origins (roots) and to her offspring. She is relentlessly questioning conventional notions of beauty and desire.

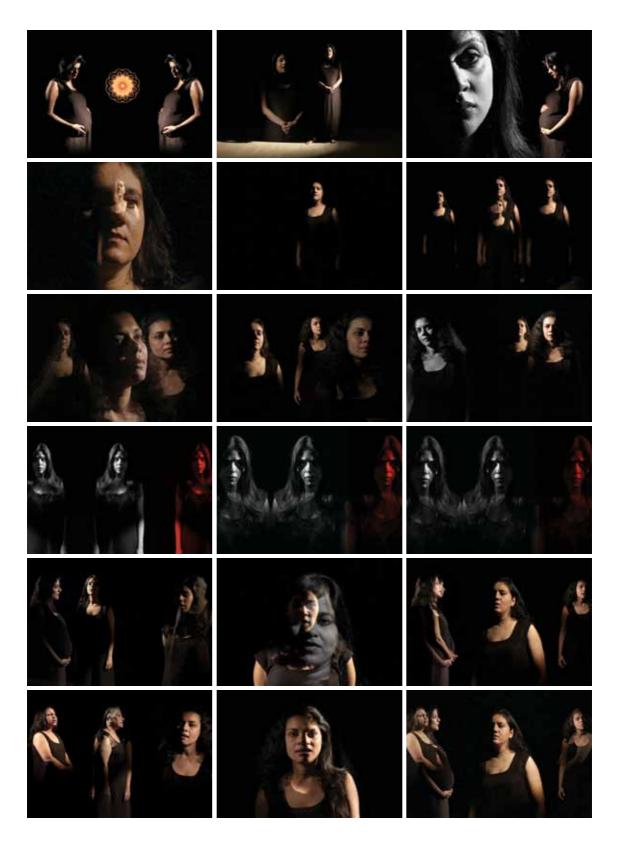
BECOMING LIGHT
THREE CHANNEL VIDEO INSTALLATION WITH SOUND
WITH EXCERPTS FROM POEMS BY NANDITA JAISHANKAR
DURATION: 26 MINUTES (LOOPED)
HIGH DEFINITION 1920X1080 FPS:25
EDITION OF 5











The places between sight and sound—that first touch; the early folly of the heart that gives away time so easily so readily without a thought to what lies ahead.

The places between are housed in silence, in the meaning between words that are not always spoken, in the heart that now gives less readily, in the dark corners where eyes shine silver.

The places between are hidden in anticipation, delving into moth eaten memories, in reviving the delicate breath that gets the pulse racing.

The places between are the pieces we all pick up, the shards of moments strewn carelessly, hung equally distant, a careful measure of that vertical strip on the bed making room always for less space.

Somewhere between the space of twilight and waking up to a blinding sun, the clouds part, making way for a moment more luminous than the moon. In these early hours, distant horizons mirror the sky and my bloodied footprints scar the earth. The restlessness of the sea in me is a siren's song. Only... lying here in the honeycomb tangle of our bodies, I am slave to a darkness in which we are both blind, a silence in which whispers trickle like tears. Colours change and sunset bleeds into dusk. I sit transfixed at the meeting of these two worlds. I am drawn into a darker shade of blue. Like a vein, this blue takes birth behind my ear, and you trace patterns down my throat. The golden light burns only in memory as our gooseflesh skin responds to an auburn shade fringing the trees. I am not alone, and I know this.





The city lurches and groans behind us, broken under the weight of promises unkept.

The days are whittled, the extra hours fluid now, a mirage in the rising heat.

Far from the chaos, dappled light scatters your reflection, like monarch butterflies taking flight.

We sit by the river, watching it churn and spill its journey's trail. Riding under flawless skies, every breath reminds us, that we're alive, blistered and scorched, smiling and sailing through the wind. Red, the colour of anger, or a poppy framed in black, its size encompassing a stark white wall. It is a chrysalis growing, an enigma, an explosion, like a stain of blood with a dark core.

It is hypnotic, its rough-edged swirls the perfect mantelpiece drawing you close with its magnetic pull, a vision held for hours on end, the light falling just so; the last thing you see before sleep falls harshly, deeply, in paralyzing crimson petals.



Earlier today:
I pick a scarlet leaf off the ground
and press it between the pages of a book,
brittle and veined,
a bright surprise.

The dry cold kiss of autumn spreads, crackling under egg-shell leaves, whispering through corridors of trees. The damp in the air is insistent, cold lashing around lips and tips of noses and teeth.

I watch days turn to night weighed by the light of a jade moon.

I wait, knowing something will be revealed.
Each day is like testing water, toes dipping in just so.

We are between two worlds, shedding our telltale skins. But I am greedy and grab what is left of this year's muted gold head up, eyes shut in the way only a pool of sunlight can induce. When clouds break as they often do, the liquid light and dancing particles slant at an angle, slat upon slat, shadow puppets performing a waltz of love in broad daylight.

There's a hum in the air, of the world just awake. I walk on crisp grass, frosty and dew soaked.

I cannot begin to rip apart the pieces, of another day, or to look away. The only difference lies between a fragile moment of now and yesterday.

A small, cold fist tightens around my heart – it will take much more than the pull of sunlight on sunflowers to loosen the grip, prying finger from throbbing blue vein.



Moonlight pours a pattern through the shuttered window. I am roused by an ethereal light, an other-worldly vision where fields glitter in opal light.

The silence so dense I can taste it, swells from within. I feel it in my heart, before my eyes see the aureole of the moon, Across the way a cat creeps, sniffing the chrysanthemum patch, her back a filigree of silver, her eyes glowing in secret complicity with mine.

I am transfixed by something eternal and everlasting – a solitude brought on by that sliver of time between sleeping and dreaming. We are frontiers of skin, pieces of lives, shooting stars at opposite ends of the earth, falling and splintering into a million shards, while the galaxy silently watches.

A pause like the briefest spell of spring before the storm.

Just breathe.

The air is suffused with radiant light far from winter's reach.

We walk in the same skin, while green buds burst and transform in leaps and bounds.

There is nothing as fragile as the heart of one who is in love.

How can I forget when you are here, always everywhere to remind me?

There is nothing as fragile as the heart of one who is in love.



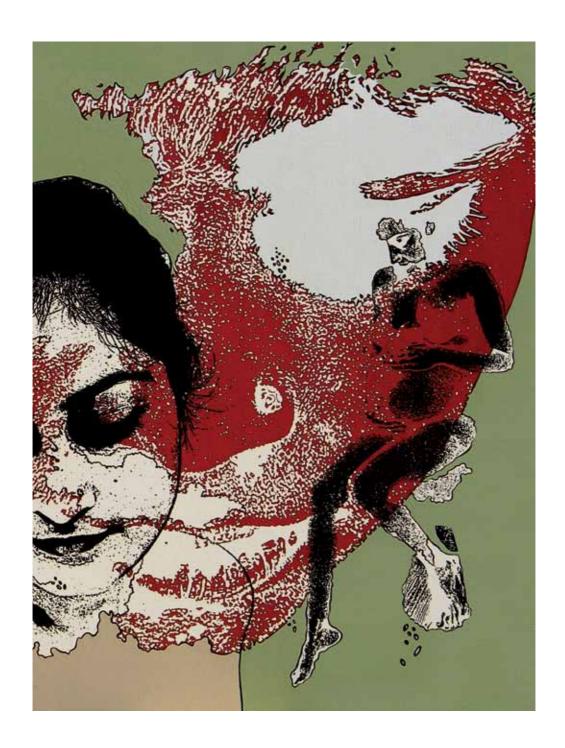


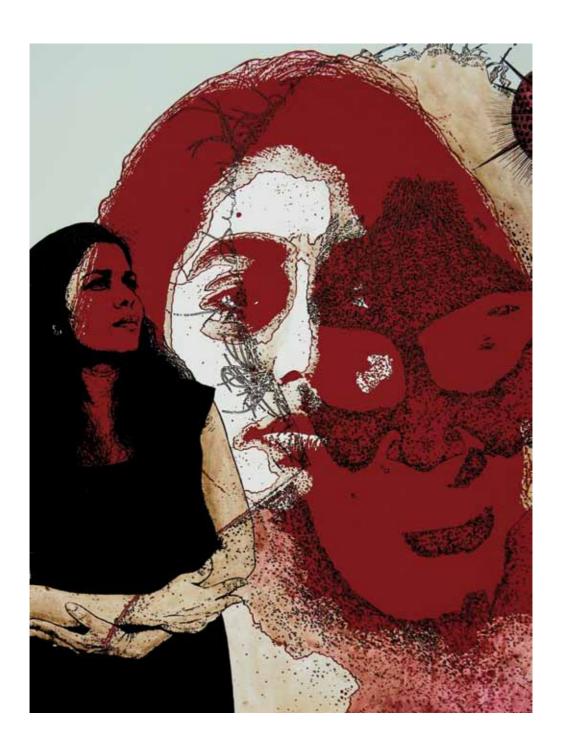


The Rose has no Why, She Blooms because She Blooms She Heeds not her self, Asks not if We can see her

-Angelus Silesius (1624-77)

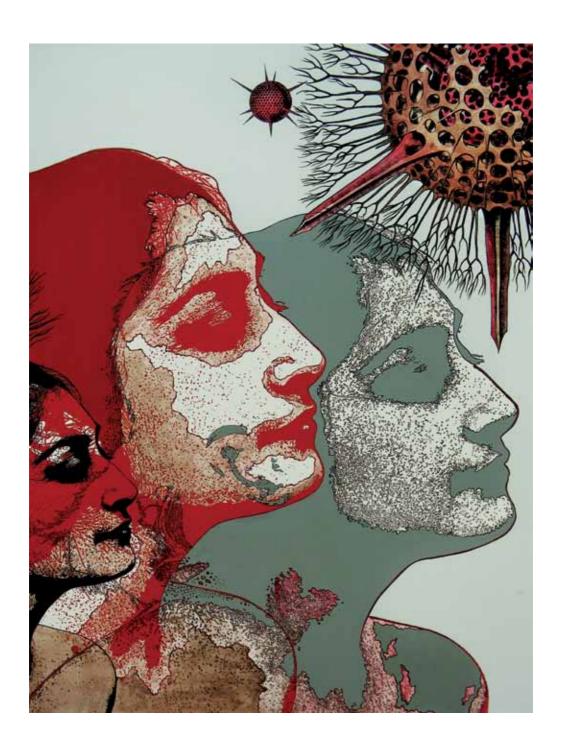


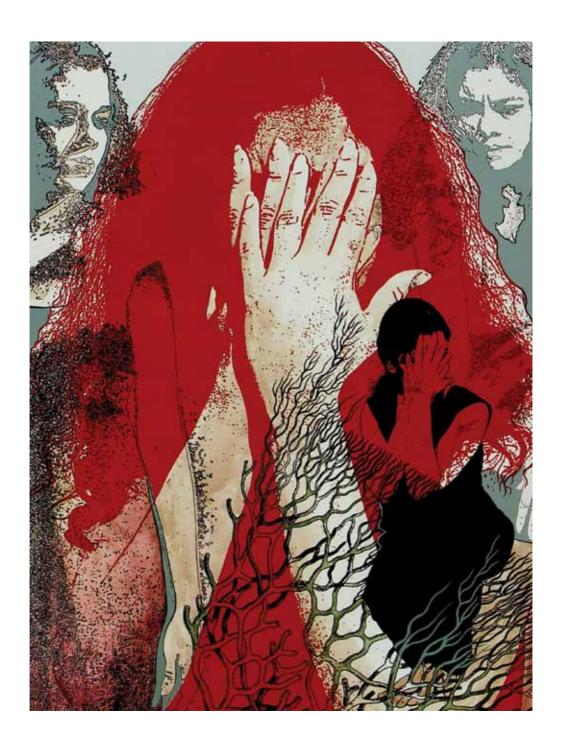






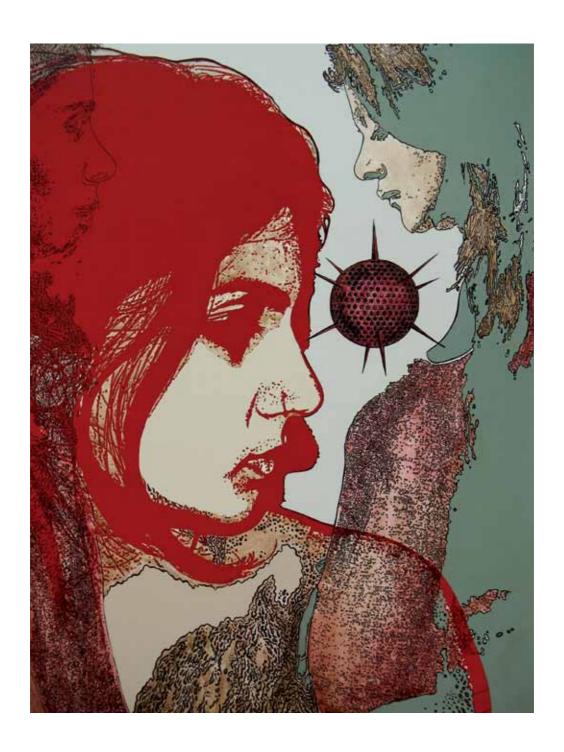


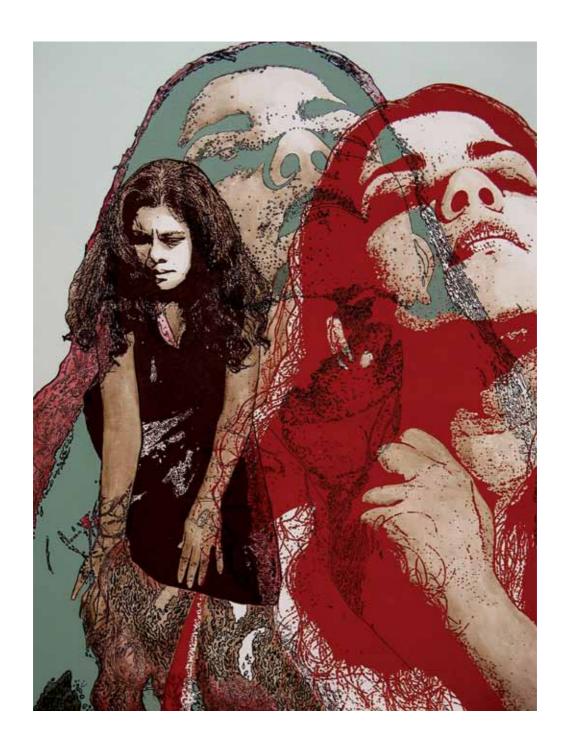












# Sonia Mehra Chawla

#### Education

2004	Master of Fine Art, Painting, College of Art, New Delhi
2001	Bachelor of Fine Art, Painting, College of Art, New Delhi

## Solo Projects

2011	Metamorphosing Female 'Roots Emerge Upwards', Palette Art Gallery,
	New Delhi, India
2011	Metamorphosing Female 'Transition-Transfiguration', Beck & Eggeling, International
	Fine Art, Düsseldorf, Germany
2008	Urban Biomorphic, curated by Dr Alka Pande, Visual Arts Gallery,
	India Habitat Centre, New Delhi

#### Two and Three Person Exhibitions

The Second Sex: India, woman artist exhibition based on the writings of Simone De Beauvoir, 10 Chancery Lane Gallery, Hongkong

## **Selected Participations**

Selected F	arricipations
2011	What Rules? curated by Deeksha Nath, Galerie Nature Morte, Berlin
	Art Stage Singapore 2011, Project Stage (Curated section of the International Art
	Fair), represented by Seven Art Limited, New Delhi
	India Art Summit 2011, represented by Beck & Eggeling, Düsseldorf, Germany
2010-11	India Awakens, Under The Banyan Tree: Recent Positions In Contemporary Indian
	Art, curated by Alka Pande, Kunst der Gegenwart Essl Museum, (Museum of
	Contemporary Art), Klosterneuberg, Wien (Vienna), Austria
2010	Global/Local: Time And Space In Contemporary Indian Art, Henn Galerie,
	München (Munich), Germany
2009	Lo Real Maravilloso: Marvelous Reality, curated by Sunil Mehra, Gallery Espace
	and Lalit Kala Akademi Galleries, New Delhi
	Re-Claim / Re-Cite / Re-Cycle, curated by Bhavna Kakar, Bose Pacia, Kolkata
	India Art Summit 2009, represented by Beck & Eggeling, Düsseldorf, Germany
	and Latitude 28, New Delhi
	Labyrinths Urban - Organic, 1x1 Art Gallery, Dubai, UAE
	ART HK 09: Hongkong International Art Fair 2009, represented by Beck & Eggeling,
	Düsseldorf, Germany

2008	World One Minutes, Today Art Museum, Beijing, China
	SH Contemporary 08, Asia Pacific Contemporary Art Fair, Shanghai 2008, China
	Trends and Trivia: An Indian Story, curated by Bhavna Kakar, Visual Arts Centre,
	Hongkong
2007	Identity and Masquerade: Staging the Self, multimedia project, directed by
	Anne Braybone, Tate Modern, London
2006	Imaging Materiality - Gesture of the City, curated by Dr Alka Pande, Visual Arts
	Gallery, India Habitat Centre, New Delhi
2005	Path/Progression/Digressions, Air Gallery, London
	Khirkee Ki Khoj, Public and Community Arts projects, Khoj International Artists
	Organization, New Delhi
2004	CC: Crossing Currents: Video Art & Cultural Identities, Indo-Dutch video art
	exhibition, curated by Yohan Pinajjpel, Lalit Kala Galleries, New Delhi.
	(Project collaboration with Broersen and Lukacs)
	Carry on Drawing: A Growing Exhibit of Marks, curated by Avantika Bawa at
	Serpentine Gallery, London, Studio Art Gallery, San Diego, Royal College of Art,
	London, Jehangir Art Gallery, National Gallery of Modern Art (NGMA), Mumbai
2002	The Pedagogic Way, curated by Veronique Boseret, Alliance Francaise, New
	Delhi

## Residencies / Projects

2011	Art Chennai Artists Residency, India
2007	Identity and Masquerade, multimedia project, Tate Modern, London
2005	Khoj International Artists Organization, New Delhi
2004	Moving Image, video project for CC: Crossing Currents: Video Art & Cultural
	Identities', in collaboration with Royal Netherlands Embassy, Broersen and Luckacs
2001	Printmaking residency and studio based practice, Atelier 2221 Print and Edition
	Studio

#### Awards

2005	National Scholarship, Ministry of Culture, India
2004	National Award for Painting, Lalit Kala Akademi, National Academy of Art, India

Recent collections		
2011	Galerie Beck and Eggeling, Dusseldorf, Germany	
2010	Prof. Karlheinz Essl	
	Essl Museum of Contemporary Art, Klosterneuberg, Vienna, Austria.	
	(Museum permanent collection)	

## Forthcoming Projects

India Art Fair 2012, represented by Palette Art Gallery, New Delhi Transmutations Project, 10 Chancery Lane Gallery, Hongkong

### Acknowledgements

Rohit Gandhi and Rahul Khanna

Michael Beck, Dr Ute Eggeling, Stefan Wimmer and Katja Ott

Lead Essay: Deeksha Nath

Poetry: Nandita Jaishankar, 'The Memory Bird' (Published by Shadowline 2009), 'Broken' and 'An Ode to Georgia O' Kieffe' (Published in Pyrta: (Rupa & Co, 2010)

Darpana Capoor, Swapnil Khullar and the team of Palette Art Gallery, New Delhi, India

Gerard Goodrow,, Malte C. Uekermann, Linda Inconi, Sarah Grunberg, Christoph Bergmann, Jan Kaps, Beck & Eggeling, Dusseldorf, Germany

Dr Alka Pande

For 'Becoming Light': Anjali Chawla, Usha Rekhi, Shabari Choudhury, Rohini Devasher, Radha Chawla, V.Shruti Devi, Mallyka Singh C, Amritha Venkatramaan, S. Roy, Shweta Wahi, Arati Devasher, Simrin Mehra Agarwal

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